

*Akashic Healing
Prayers to
Transform
Your Life*



Introduction

Wouldn't it be great to have a simple tool to help you solve your problems and experience more joy and fulfillment in your life?

The Akashic Masters have suggested we write this book to give you that simple tool in the form of healing prayers to help you raise your vibration, to understand your life with greater clarity, and to start to create a relationship with your Beings of Light. This healing energy comes from the Akashic Beings of Light with grace through the Records just by reading the prayers. Their wish for you is the ability create the life your heart and soul desires.

Let me tell you a bit about the Akashic Records and why they can support you. These Records are the record of your soul's journey through all of your lifetimes and can provide specific guidance for you. It's lovely to know that you have your own personal Record Keepers who just keep your records. Imagine your records fill a private library, and you have our own personal librarians who are here to help you with guidance, ancient wisdom, and information every day.

I refer to these librarians as Akashic Beings of Light. They are there to assist you and to share so much information about the soul and why you've come to earth at this time. Everyone makes a life plan before coming into a body, and that plan includes soul contracts to help and be helped by others, as well as to have love and possibly a family.

Your Beings of Light have information about old lessons or karma you're ready to complete and about how to make the best daily choices to lead a joyful life. They are literally here with us, sharing, holding space, bringing this amazing Akashic high-vibrational healing energy to us so we can transform our lives. It's really an amazing, beautiful, and divine energy. With clear energy and an open heart, your Akashic Records give you a direct line to divine guidance, a place you can call upon for help when you want it.

I am very excited to share a sample of these new healing prayers with you.

These are part of a new book I'm completing. The Akashic Masters suggested I send these prayers to you with this request: "Please choose the prayers as you are guided. You may wish to use one prayer 3 times in a day and have a wonderful healing experience or you may use one prayer once or twice a day for three or more weeks and find this longer use resonates with you. You are unique, as is your life experience so we encourage you to delve in and utilize these healing gifts as you feel guided.

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PRAYER FOR ALIGNMENT - DAILY

Spirit, Source, Universe, please show me what it feels like to be the Highest, Brightest, most Expansive and Aligned Self that I can be today. Please open my Heart to know the truth of my Divinity and allow me to receive all the good that is within and without. Please guide me to be clearly on my Soul Path and Abundant in all ways, with ease and grace.

So it is...

This prayer can be used daily to remind us that we are divine beings of light and all the abundance of the Universe is here for us.

PRAYER TO ASSIST FORWARD MOTION - DAILY

Mother, Father, Goddess, God please release the ties that bind me. Help me to expand outside of time and space to clear and release any energy that is trapped in the past, from the beginning of time until this present moment. Please help me to gather my highest energy in this moment that I may have the impetus to move forward on my soul path fulfilling my soul purpose.

So it is. Blessed Be.

This prayer may be used to release any energy that holds you back from your own personal evolution.

PRAYER FOR BLAME

Mother, Father, Goddess, God, help me to grow so that I can comfortably take responsibility for my actions and my life. I understand that I AM a creator being having a human experience. I release old blame and believes that anyone has "done this to me". I stand in my power as a divine creator of my life experience.

So it is. Blessed Be.

PRAYER TO CLEAR OTHERS ENERGY - DAILY

Mother, Father, Goddess, God, please assist me in clearing and releasing all outside energies that are in my body, aura and energy field. Please send them back to the person from which they came, or send them to the Divine Source to be recycled for the highest good of all. I am filled with my purest energy & highest vibration I can now hold.

So it is. Blessed Be.

This prayer can be used when you feel a sensation (physical, emotional, or mental) that may be from someone else. Empathetic absorption is done in an effort to understand others or heal their pain. People come into our energy field to understand us, to receive physical energy or sometimes just to communicate with us. This unconscious action is not a service to us. When we allow others to fill our energy field, it is almost impossible to be centered on our Soul Path, as it is hard to know what that is.

PRAYER TO CLEAR ENTITIES AND ENERGY PATTERNS - DAILY

I call Archangel Michael and his Legions alongside the Akashic Beings of Light and Divine Source. Please surround me with your Light and Love and keep me protected and safe as I order the release and clearing of all energies, interference, thoughts, feelings, patterns, programming and imprinting across all time and space, in all dimensions and levels and all places and planes that are not in Alignment with my Highest and Best Akashic Blueprint.

*You are to leave my body, mind, and energy field **Now** and forever! Please remove and recycle this energy for the highest good of all.*

So it is...

This prayer may be used on a personal level to release any energy that interferes with your own personal evolution and guidance. You may also use it for other people if they desire assistance. Entities often have contracts with us and you may go into your Akashic Record and receive information about these contracts to finish the clearing for good.

PRAYER TO CLEAR FAMILY ANCESTRAL INFLUENCE

Akashic Beings of Light, I call on you to help and support me as I consciously break the chains passed down through the generations to me in this moment.

I expand my consciousness to be aware of the family ancestral lineage that includes me. I become aware of all the generations which have passed and all the generations which are yet to come.

I acknowledge my oneness with Creator as I release every negative connection, every debt, burden or curse that would prevent me from becoming the person my soul has planned.

As these negative ties are released and my spirit feels the lightness within, I can now intend that I follow the path my soul has chosen. I am untangled from the family genetic and ancestral lineage, and we are all free to follow our divine paths. All negative outcomes are avoided.

So it is. Blessed Be.

PRAYER FOR CREATING YOUR DREAMS

"I am clear. I am focused. I am ready to do whatever it takes to make my dreams come true. I know that my clarity with the assistance of the Akashic Records create miracles in my life. I am seen, heard and recognized for the gifts and talents I offer. The universe conspires with me to make magic happen and my dreams come true."

So it is. Blessed Be.

This prayer is perfect in conjunction with the prayer "To Assist forward Motion" or to use alone to focus on your talents.

PRAYER OF CREATING HEAVEN ON EARTH - DAILY

As I integrate the power of the soul with the power of the body I am able to manifest with ease and grace here on Earth. I am a Creator Being with a purpose. I am creating Heaven on Earth now.

So it is. Blessed Be.

This prayer may be used to remind us that there is great power in our bodies as well as our souls and the two together is one of the easiest way to manifest now.

PRAYER FOR DISAPPOINTMENT

Mother, Father, Goddess, God, please support me today as I move forward on my path. I release the old vibration of disappointment and empower myself with the truth that everything is in divine right order.

So it is. Blessed Be.

PRAYER FOR FEAR OF THE UNKNOWN

Mother, Father, Goddess, God, this life has offered me many opportunities for growth and I accept this as my soul path. Please help me to release any fear of the unknown I have so I may move forward now with ease.

So it is. Blessed Be.

PRAYER OF FORGIVENESS – USE DAILY FOR 33 DAYS

Divine, Spirit, Source, please move me into a state of forgiveness towards anyone or anything that has hurt me, consciously or unconsciously, from the beginning of time to this present moment. I now forgive them and I release the energy of the past.

Divine, Spirit, Source, please move me into a state of forgiveness towards myself for any hurt that I have caused others, consciously or unconsciously, from the beginning of time to this present moment. I now forgive myself and I release the energy of the past.

Divine, Spirit, Source, please move me into a state of forgiveness towards myself for any hurt that I have caused myself, consciously or unconsciously, from the beginning of time to this present moment. I now forgive myself and release the energy of the past.

I invoke the Grace and power of Forgiveness to transform my body, mind, and heart as I return to a state of Divine Innocence.

Forgiveness clears karma throughout time & space. It allows us to heal our past, which consists of anything prior to this moment and includes our childhood and past lives. When done at the end of the day it helps to clear all the negativity that builds within us.

Working with this prayer for 33 days consecutively has shown to heal chasms of pain and separation in relationships with self, God/Spirit/Source, other people and/ or situations in our lives.

PRAYER OF HAPPINESS

Mother, Father, Goddess, God, please remind me of the simple pleasures of life that support my happiness. The giggle of a baby, the rays of sun on my skin, the hug of a loved one. I AM Happy throughout my day.

So it is. Blessed Be.

PRAYER FOR HEALING FAMILY RELATIONSHIP

Mother, Father, Goddess, God, I give great thanks for the blessings of my family of origin and the family that raised me. I acknowledge and release any judgment I have of them and I send them pure unconditional Love. We are all divine souls on a journey and I bless you with your journey as I go on my way, following my soul path.

So it is. Blessed Be.

PRAYER FOR HEALING - DAILY

Divine Mother Earth, Father, God and Beings of Light of my Akashic Record. Please hold me and support me as I open to receive healing and clearing on multi-dimensional levels. Please remove any blockage that no longer serves me, from any time, place or dimension. Please upgrade my physical and etheric bodies to hold more Light with ease. Please unchain, un-constrict, clear and open my multi-dimensional heart on all planes and dimensions. Please move me into a state of forgiveness throughout time and space, clearing all connected Karma. I give great thanks for your Divine Love, Wisdom and Grace. So it is. Blessed Be.

This prayer can be used when you feel blocked and don't know why. Use also if you are physically unwell and would like a healing. It can be useful when you first start to access your personal Akashic Record to open your Record and say this prayer. Notice what you feel and how it affects you over time.

PRAYER FOR JUDGMENT

Mother, Father, Goddess, God, when I judge myself or others I feel my energy spiral down. I AM ready to release all judgment and stand in Truth, supported by Love. Help me to recognize the perfection of me as I am, as well as the perfection of all creation in this moment. Help me to develop in compassion and discernment. I AM grateful for this opportunity to grow.

So it is. Blessed Be.

PRAYER TO RELEASE JUDGMENT

Divine Source please help me to release all judgment. Help me to recognize the perfection of me as I am, as well as the perfection of all creation in this moment. Help me to grow in compassion and discernment. I am grateful for this opportunity to develop.

So it is. Blessed Be.

PRAYER FOR RESENTMENT

Mother, Father, Goddess, God, please bring me to consciousness about the ill will I have created toward others. I ask to understand the bigger wisdom so I may replace this resentment and anger with Love. As I make this shift for myself, I know we all move into a higher alignment.

So it is. Blessed Be.

PRAYER FOR SHAME

Mother, Father, Goddess, God, I feel so small when I move into this place of shame. I call to my "inner child" and wrap my arms around this precious soul. I am sorry you feel shame for what is not yours. Please release this shame to the Creator to be recycled for the highest good of all. I AM a perfect Divine soul. I let go of all this is not that! So it is. Blessed Be.

PRAYER FOR STRENGTH

Mother, Father, Goddess, God, in this moment I ask for your support. Please give me strength to continue on my soul path, to do what my soul came to do, even if I am not yet conscious of that path. I give great thanks for this strength that fills my body now.

So it is. Blessed Be.

PRAYER TO TRUST OTHERS

Mother, Father, Goddess, God, I ask for your help in releasing the trauma in my life that has stopped me from trusting. Please help me to be strong and to know that there are so many souls here to support me. Their intentions are noble and I trust myself to be safe with them. I relax and open my heart to feel their goodness. I give great thanks each time a kind and loving soul helps me on my path.

So it is. Blessed Be.

SELF LOVE

Self-Love is interesting because so many have come to equate self-love with selfish. That is what we are often told if we want to do something for ourselves or maybe we just want some quiet time. "Why are you so selfish? Come to the party with us and make some snacks to bring too." Right, it's not that you are selfish, it's that the world around you has become used to you being co-dependent or in service to them.

As we evolve spiritually it becomes more important to have time for yourself to contemplate the greater truth of the universe, or at least to meditate, do some yoga, take a walk and do your Akashic Healing Prayer work.

When you start to create more space for yourself internally, you will find that it becomes more important for you to have time to align with your inner guidance and support yourself on your soul path.

Take a deep breath and blow out any energy or constriction that came up from that last sentence. We are not creating more work for you. You are making space to move forward into the higher vibrational, multi-dimensional world we are creating with you now.

PRAYER OF SELF LOVE

Mother, Father, Goddess, God, as I move from my head into my heart I connect to my love of self. This sacred room holds all the memory of the divine in me, there is nothing else. I sit calmly in my heart center and feel the pervasive energy of the Creator.

I AM that I AM.

So it is. Blessed Be.

PRAYER FOR LOVING

Beings of Light, please support me as I choose to release beliefs, fear and creations that have impacted my ability to have a loving relationship with myself & another.

I choose to release patterns that hold old emotional pain. I stand in alignment with the ability to have a healthy and loving relationship. I choose this in accordance with my highest good. I am choosing to create love in all that I do. I am living my life in Love. Blessed Be.

So it is. Blessed Be.

PRAYER OF SELF VALUING

Mother, Father, Goddess, God, please help me to know the truth of who I am as a divine soul. Please connect me to this expansive memory and align me with the knowing of how I can be of service.

I value myself as an ancient and infinite soul. I value the gifts I have to offer humanity and I give them with ease and grace.

So It Is. Blessed Be.

PRAYER FOR SELF TRUST

Mother, Father, Goddess, God, I awaken to the memory of the ancient soul I AM. With this memory, I know I can trust myself and my inner guidance. I am a divine soul having a human experience and it is good. So it is. Blessed Be.